

Applicant Bio:

Kate Lim (she/her) is a third-year medical student at Dalhousie University. She has served the past year as the Atlantic Regional Director (ARD) of the CFMS, where she's been a tireless advocate for equity, wellness, and financial support for students across Newfoundland & Labrador, Nova Scotia, New Brunswick, and Prince Edward Island.

During her term as ARD, Kate launched the inaugural Atlantic Med Games, a wellness-focused weekend that brought together Atlantic medical students and fostered regional collaboration in a supportive environment. She led a team of ten to secure > \$8,000 in sponsorships and established a Travel Equity Fund to ensure financial barriers never outweighed the opportunity to connect and recharge. Recognizing a significant disparity in rural clerkship funding, she authored a comparative report on provincial funding models and has begun collaborating with VP Externals nationwide to develop a standardized support framework. Through regular representation at CFMS board meetings, Kate has amplified Atlantic students' voices on national policy, ensuring our region's unique needs inform CFMS priorities.

Beyond her ARD role, Kate brings a diverse background in pharmacy, advocacy, and student leadership. As a practicing pharmacist in Ontario and New Brunswick, she managed anticoagulation clinics, initiated HIV PrEP and PEP workups, and educated communities on ocular emergencies. She launched an equity-focused mentorship program dedicated to supporting Indigenous and other under-represented medical students, fostering inclusive learning and professional development. Kate also assisted in hosting the Orbis Global Pediatric Ophthalmology Hackathon, bringing together international students to innovate solutions for pediatric eye care. This blend of clinical expertise, advocacy, and leadership underscores her commitment to empowering students and communities alike.